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HEMPFOOD Organia Homefood products Crown in FU

Organic Hempfood products. Grown in EU. Controled quality.



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HEMP FOOD LINE

- **01** Hempseed oil
- **02** Whole hemp seeds
- **03** Hulled Hemp seeds
- **O4** Hemp protein 50%
- 05 Hemp tea



HEMPSEED OIL

ECO Hempseed oil, cold pressed, controlled eco production.

Essential oil of hemp seeds is obtained by cold pressing of seeds. Hemp seed oil is considered a very healthy foodstuff, and due to its composition it is also used in cosmetics for skin care. In addition, it contributes to the strengthening of the immune system, the normal functioning of the nervous system, and acts antiinflammatory and as an excellent antioxidant. Cold-pressed oil has an ideal ratio of essential fatty acids omega 6 and omega 3, contains vitamins B, E, A, minerals such as iron, potassium, magnesium, zinc, phosphorus, calcium, magnan and copper., and is also a rich source of gamma linolenic acid (GLA) that has a strong antiinflammatory effect, while stimulating skin growth and the formation of new cells.

It is an excellent choice in nutrition, which is confirmed by numerous experiences of the users themselves, and scientific research concludes that consumption has many health benefits. It can strengthen immunity, protect the heart and circulatory system, cleanse and strengthen arteries, regulate fat metabolism and help regulate body weight, regulate digestion and expel excess water from the body, regulate the work of the liver and pancreas, lower cholesterol, boost concentration and memory, prevent atherosclerosis, heart attack and stroke, prevent the development of type 2 diabetes, help in the treatment of skin diseases (eczema, psoriasis, neurodermitis, acne, ringworm, various types of rashes, helps with menopausal problems.

Organic oil has no cholesterol, trans fat, gluten, lactose, does not cause bloating, no sugar, known allergens, preservatives, additives, pesticides or herbicides. In addition to being a great food in the diet, cold pressed oil is used as the main ingredient of a large number of cosmetic and pharmaceutical products, balms, creams, or this oil is applied directly to the skin, such as massage oil. It nourishes and nourishes the skin, hydrates it without clogging the pores. It is used in all skin types, it is suitable for oily or cracked skin, inflamed skin and one prone to dermatitis, and also has antiaging properties and rejuvenates the skin.

- Ingredients: 100% Hempseed oil
- Best used by : Marked on packaging
- Commercial packaging: 250 ML and 500 ML , bulk
- Recommended use : 1 teaspoon (up to 2 times per day) Can be used independently or as a food supplement.
- Storage instructions: Best keep on dark and cold place. After opening keep it in refrigerator.

01

• Origin: EU

WHOLE HEMP SEEDS

Unhulled (whole) seeds are the ones that have an intact shell. They're still easy to use, but you will need to remove the shell by hand to use them. You can remove the shell by either chopping them and then rubbing them or using a hemp seed grinder to do the work for you.

Using the hulled seeds is easier so why would you bother with the unhulled ones? If you're after hemp seeds for their nutritional value (complete protein, healthy fats, etc.), then you're better off with the unhulled variety. This is because the shell contains a lot of the seed's nutrients. Hulled seeds are already processed, and their nutritional value is lower than that of unhulled ones.

Hemp seeds are considered a super-food, they are extremely rich in proteins, minerals, vitamins, essential fatty acids. They have a positive effect on the human body, making it healthier and more resilient. They are an excellent choice in nutrition, which is confirmed by the numerous experiences of the users themselves, and scientific research concludes that consumption has many health benefits

They contain an ideal ratio (3:1) of omega 6 and omega 3 fatty acids that are responsible for eliminating inflammation in the body, balance blood pressure, and contribute to optimal heart function and cholesterol reduction. They also contain vitamins B, E, A, minerals such as iron, potassium, magnesium, zinc, phosphorus, calcium, magnan and copper, and a high concentration of fiber that keeps the digestive tract healthy and clean. Seeds are a rich source of gamma linolenic acid (GLA), which has a strong anti-inflammatory effect, while stimulating skin growth and the formation of new cells

Hemp seeds are a rich source of protein, which is responsible for building muscle, and also keeps the organism resistant to fatigue, gives it strength and energy. For this reason, hemp seed protein powder is used in fitness, bodybulidng, and as a dietary supplement in vegan cuisine. Organic seeds do not have cholesterol, transfats, gluten, lactose, do not cause bloating, have no sugar, known allergens, preservatives, additives, pesticides or herbicides.



- Ingredients: 100% hemp seed
- Best used by : Marked on packaging
- Commercial packaging: 250 g, 500 g , bulk
- Recommended use : Before eating, whole seeds are recommended to be soaked for 15 minutes in water, stock or fruit juice, and they can be added to smoothies. They can be eaten ground, in combination with other nuts, and bread. Cakes and the like can be baked with them. Seeds can also be used as snacks.
- Storage instructions: Best keep on dark and cold place.
- Origin: EU

02

HULLED HEMP SEEDS

Hulled hemp seeds are the most commonly used version of hemp seeds. They're ready to use in any form, just like other seeds and nuts. You can use these seeds in a variety of ways. Some people use them as a topping for salads or other dishes. Others use them as flour for baking or smoothies, cereals, and bread.

The reason hulled seeds are so popular is that they do not require any prep work. You don't need to remove the shell to use them, so they're great if you're just getting started with hemp seeds.

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- Best used by : Marked on packaging
- Commercial packaging: 250 g, 500 g , bulk
- Recommended use : Before eating, whole seeds are recommended

to be soaked for 15 minutes in water, stock or fruit juice, and they can be added to smoothies. They can be eaten ground,

in combination with other nuts, and bread. Cakes and the like can be baked with them. Seeds can also be used as snacks .

- Storage instructions: Best keep on dark and cold place.
- Origin: EU



HEMP PROTEIN 50%



Hemp protein is obtained from the processing of seed shells. Proteins from hemp seeds are the perfect source of protein due to the method of processing and the content of pure protein. The product contains a large ratio of pure gluten-free protein. It is used as a dietary supplement and is suitable for anyone who cares for their health. Neutral taste. It contains the perfect ratio of essential omega-3 and omega-6 fatty acids. It is a source of vitamins, minerals and fiber.

Proteins are an essential part of the daily diet to improve immunity. They are an essential part of the organism and participate in almost all cellular processes. They are very useful for muscle recovery after training, building muscle mass, and losing weight because they reduce the need for sugar. By adding this powder to your daily diet, you can increase your physical capabilities. The body will be more prepared and less sensitive to muscle inflammation, sprains, and will recover faster from injuries.

- Ingredients: hemp protein
- Best used by : Marked on packaging
- Commercial packaging: 250 g, 500 g, bulk
- Recommended use : Recommended amount 20 to 30 grams per day. Additionally before or after exercise as a supplement. It can be prepared in the form of smoothies, porridge, yogurt or in the mixture to produce such as pancakes, chocolate pralines, energy bars and similar.
- Storage instructions: Best keep on dark and cold place.
- Origin EU

HEMP TEA



Hemp tea is similar to any other herbal tea in that dry hemp is steeped in boiling water to make it. You can use either dry hemp leaves or flower buds, though sometimes people will add seeds or even parts of the root as well. Strain out the solids to leave a flavorful liquid behind.

The resulting tea has a greenish-brown color and is described as having a slightly bitter or earthy flavor. Some people like to add flavoring or sweetening agents to their hemp tea, like lemon, honey, or sugar.

Hemp tea is primarily used to help bring calmness to the mind and body. Its ability to promote relaxation is largely due to the non-psychoactive CBD and other bioactive compounds it contains. Hemp tea can help relieve pain, anxiety, and inflammation and may benefit sleep.

- Ingredients: Hemp
- Best used by : Marked on packaging
- Commercial packaging: 40 g , bulk
- Recommended use : Add 1 or 2 teaspoon of tea in 2dcl of hot water. Leave it to rest 5 minutes.
- Storage instructions: Best keep on dark and cold place.
- Origin EU

Packaging and shipment

Our Hemp food products are packaged inside daypack bags. Packaging is layered, durable and safe for all products. With this way of packaging, we ensure freshness of our products.

Costumers' orders are handled fast and professionally. Upon order placement, our team will review order and set up the shipment in shortest period possible

Your order will be dispatched by currier service which fit best according to your location and shipment. With personalized currier carriers we ensure best price and delivery time.

For all inquiries about orders and returns please contact our customer support on our email. Info@pharma-herbs.com



Founded in 2021 in Croatia, Pharma Herbs derived under the mindset of creating accessible and quality products that speak for themselves.

Pharma Herbs consists of a group of established professionals seeking to provide you with the best products and services. Our efforts are focused on creating relationships with our customers and other business that will last for decades to come.

We produce and distribute range of Organic Hemp products. Including Hempseed oil, Hemp seeds, Hemp biomass, Hemp protein and Hemp tea. Quality of our products and satisfaction of our customers is our primary goal.



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